

FLORIDA STATE COLLEGE AT JACKSONVILLE

COLLEGE CREDIT COURSE OUTLINE

COURSE NUMBER:	LEI 2280
COURSE TITLE:	Introduction to Outdoor Adventure Leadership
PREREQUISITE(S):	None
COREQUISITE(S):	None
CREDIT HOURS:	3
CONTACT HOURS/WEEK:	3
CONTACT HOUR BREAKDOWN:	
Lecture/Discussion:	3
Laboratory:	
Other _____:	
FACULTY WORKLOAD POINTS:	3
STANDARDIZED CLASS SIZE ALLOCATION:	15
CATALOG COURSE DESCRIPTION:	
<p>This course provides the foundation for developing outdoor leadership and group dynamics in a practical wilderness setting. Emphasis will be involved in the student acting as both a leader and as the member of a group operating in an expedition environment. A cost for activities and trips will be assessed.</p>	
SUGGESTED TEXT(S):	None
IMPLEMENTATION DATE:	Spring Term, 1992 (923)
REVIEWOR MODIFICATION DATE:	Fall Term, 2002 (20031) Fall Term, 2005 (20061) (was LEI 2268)

COURSE TOPICS	CONTACT HOURS <u>PER TOPIC</u>
I. Introduction to Outdoor Leadership	7.5
A. Expedition/Trip planning concepts	
B. Evaluation procedures	
C. Concepts of leadership	
D. Group dynamics	
E. Communications skills	
F. Trip/expedition group planning	
II. Leadership Initiative Exercise	7.5
A. Practical exercise	
B. Personal growth development	
C. Group interaction and leadership styles	
III. Outdoor Leader Considerations	7.5
A. Classroom instruction/discussion	
B. Activities concentrating on expedition behavior	
C. Leader liability	
D. Environmental ethics and responsibilities	
IV. Outdoor Leadership Fieldtrip	15
A. Individual to individual relationships	(2)
B. Debriefing tent partner	(2)
C. Individual to group expedition	(2)
D. Necessary behavior	(2)
E. Group to individual behavior	(2)
F. Processing and interaction with individual and government agencies	(1)
G. Interrelationships of expedition behavior	(1)
H. Proper health and safety practices	(1)
I. Climate control	(1)
J. Energy control plans and time control plans	(1)
V. Leadership Evaluation Techniques and Procedures	7.5
A. Discussion and interaction	
B. Review and conflict resolution	
C. Group development	

COURSE TOPICS (CONTINUED)

CONTACT HOURS
PER TOPIC

- D. Feedback systems
- E. Questioning strategies
- F. Conflict styles and resolution
- G. Development of group awareness

NOTE: An introduction to the field of outdoor leadership in a field/wilderness environment. Topics will include the development of judgment, leadership, outdoor behavior and outdoor ethics.

Emphasis will be on the students developing an understanding of the qualities of positive leadership, leadership styles and personal leadership strengths and limitations as well as an appreciation of leadership and group dynamics in an outdoor adventure setting.

In that regard, leadership development is the primary goal of the course. Through a variety of methods, the students will receive feedback from peers and instructors to aid them in developing their leadership activities. Each student will function as a leader of the group for a day.