

FLORIDA STATE COLLEGE AT JACKSONVILLE

COLLEGE CREDIT COURSE OUTLINE

COURSE NUMBER: LEI 1264

COURSE TITLE: Wilderness Backpacking

PREREQUISITE(S): None

COREQUISITE(S): None

CREDIT HOURS: 2

CONTACT HOURS/WEEK: 3

CONTACT HOUR BREAKDOWN:

 Lecture/Discussion: 1.5

 Laboratory:

 Other Activity____: 1.5

FACULTY WORKLOAD POINTS: 2.25

STANDARDIZED CLASS SIZE
ALLOCATION: 15

CATALOG COURSE DESCRIPTION:

This course is a coeducational course which provides the opportunity for students to acquire the knowledge and skills to safely hike and backpack. Backpacking expeditions (day and overnight) are included. A cost for the expeditions will be assessed.

SUGGESTED TEXT(S): None

IMPLEMENTATION DATE: Fall Term, 1990 (912)

REVIEW OR MODIFICATION DATE: Winter Term, 1994 (942)
Fall Term, 2002 (20031)

COURSE TOPICS	CONTACT HOURS <u>PER TOPIC</u>
I. Introduction	1
II. Environment Ethics	5
III. First Aid, CPR, Safety	4
IV. Equipment Selection and Care	4
V. Basic Backpacking Skills	8
VI. Map and Compass	4
VII. Logistics	4
VIII. Expeditions (3 mile hike/full pack, One day wilderness hike/map and compass, and two day hike/overnight camping)	15
A. Skills Development	(10)
B. Evaluation	(5)