

FLORIDA STATE COLLEGE AT JACKSONVILLE

COLLEGE CREDIT COURSE OUTLINE

COURSE NUMBER: HSC 2105

COURSE TITLE: Health Literacy

PREREQUISITE(S): None

COREQUISITE(S): None

STUDENT ADVISING NOTES: A.A./A.S. Degree or Higher

CREDIT HOURS: 3

CONTACT HOURS/WEEK: 3

CONTACT HOUR BREAKDOWN:

Lecture/Discussion/Activities:	Distance Learning 3 (Total - 45 Hours)
Laboratory: N/A	
Other _____:	

FACULTY WORKLOAD POINTS: 3

STANDARDIZED CLASS SIZE ALLOCATION: 30

CATALOG COURSE DESCRIPTION:

This course examines the body of knowledge that applies to the field of health literacy and recommends actions to promote a health literate society. Content areas include an exploration of verbal and written techniques, tools, and interventions implemented to ensure health information is clearly communicated. In addition the concept of cultural competence will be introduced as an important component to improving health literacy. Students will learn key principles and strategies of effective health communication.

SUGGESTED TEXT(S): Osborne, H., Health Literacy from A to Z Practical Ways to communicate Your Health Message, Jones And Bartlett, 2005

OPTIONAL: Aspen Reference Group, Health Information Management, Aspen, 1998.

IMPLEMENTATION DATE: Fall Term, 2006 (20071)

REVIEW OR MODIFICATION DATE:

COURSE TOPICS	<u>CONTACT HOURS PER TOPIC</u>
I. Health Literacy A. Definition (Joint Committee on National Health Education Standards, 1995) B. Literacy defined C. National Literacy Act D. Understanding Health Systems E. Key Statistics	3
II. Assessing Health Literacy A. Assessing literacy in healthcare B. Assessing Readability	3
III. Reviewing Teaching Materials	3
IV. Decision Aids A CREDIBLE model	3
V. Utilizing Simplicity	3
VI. Use of Feedback A. Interviews B. Focus groups	3
VII. Communicating with the Deaf A. Identify preferred method of communicating B. Selection of environment C. Articulate clearly D. Lip reading	3
VIII. Assist Patients in Participating in Healthcare A. Describe symptoms B. Maintain personal health records C. Prepare for appointments D. Ask questions E. Media and direct-to-consumer advertising	3
IX. Assist Patients in Following Medical Directions A, Treatment plans A. Overcome communication barriers B. Plain language C. Giving instructions D. Aids and reminders	3

COURSE TOPICS		CONTACT HOURS PER TOPIC
X.	Humor A. Types	1
XI.	Internet	1
XII.	Models A. Types	1
XIII.	Older Adult	2
XIV.	Empathy	1
XV.	Ways to Improve Health Communication A. Know your audience B. Tailor to individual needs C. Create a supportive environment D. Do what works E. Clarify understanding F. Offer additional ways to learn G. Weigh the ethics of simplicity H. Collaboration	3
XVI.	Skills needed for Health Literacy A. Visually literate B. Computer literate C. Information literate D. Numerically literate E. Oral language skills	3
XVII.	Cultural Competence A. Definition B. Cultural competence self-test C. Values and attitudes D. Communication styles E. Physical environment F. Cultural appropriateness G. Cultural accessibility H. Cultural acceptability	3
XVIII.	Health Informatics I. How is it used to improve the delivery of healthcare J. Computerized patient records K. Data repositories L. Telemedicine	3
Total:		45

STUDENT
COMPETENCIES/OBJECTIVES

Upon completion of this course, the student will:

1. Demonstrate a basic understanding of key health literacy concepts.
2. Communicate the importance of health literacy to colleagues.
3. Identify ways to integrate health literacy into your daily work.
4. Identify ways to improve health communication.
5. Demonstrate a basic understanding of cultural competence.
6. Demonstrate a basic understanding of health informatics.



NOTE: Use either the Tab key or mouse click to move from field to field. The box will expand to accommodate your entry.

<i>Section 1</i>	
COURSE PREFIX AND NUMBER: <u>HSC 2105</u>	SEMESTER CREDIT HOURS: <u>3</u>
COURSE TITLE: <u>Health Literacy</u>	

Section 2
TYPE OF COURSE: (Click on the box to check all that apply)

<input type="checkbox"/> AA Elective	<input type="checkbox"/> AS Required Professional Course	<input type="checkbox"/> College Prep
<input type="checkbox"/> AS Professional Elective	<input type="checkbox"/> AAS Required Professional Course	<input checked="" type="checkbox"/> Technical Certificate
<input type="checkbox"/> Other _____		
<input type="checkbox"/> General Education: (For General Education courses, you must also complete Section 3 and Section 7)		

Section 3 (If applicable)
INDICATE BELOW THE DISCIPLINE AREA FOR GENERAL EDUCATION COURSES:

<input type="checkbox"/> Communication	<input type="checkbox"/> Social & Behavioral Sciences	<input type="checkbox"/> Mathematics
<input type="checkbox"/> Natural Sciences	<input type="checkbox"/> Humanities	

Section 4
INTELLECTUAL COMPETENCIES:

<input checked="" type="checkbox"/> Reading	<input type="checkbox"/> Speaking	<input checked="" type="checkbox"/> Critical Analysis	<input type="checkbox"/> Quantitative Skills	<input checked="" type="checkbox"/> Scientific Method of Inquiry
<input checked="" type="checkbox"/> Writing	<input type="checkbox"/> Listening	<input checked="" type="checkbox"/> Information Literacy	<input checked="" type="checkbox"/> Ethical Judgment	<input checked="" type="checkbox"/> Working Collaboratively

<i>Section 5</i>	
LEARNING OUTCOMES	METHOD OF ASSESSMENT
• Explain key literacy concepts	Online discussion questions, team discussions
• Identify ways to utilize health literacy within the text of case management.	Online discussion questions, case studies
• Discuss ways to improve health communication	Online discussion questions, team projects
• Demonstrate and understanding of cultural competence.	Online discussion questions
• Demonstrate an understanding of health informatics.	Online discussion questions, written assignments

Section 6 Name of Person Completing This Form: Neal Henning 06-01-06