

FLORIDA STATE COLLEGE AT JACKSONVILLE

COLLEGE CREDIT COURSE OUTLINE

COURSE NUMBER:	DIE 1201
COURSE TITLE:	Clinical Nutrition, Phase II
PREREQUISITE(S):	None
COREQUISITE(S):	None
CREDIT HOURS:	3
CONTACT HOURS/WEEK:	3
CONTACT HOUR BREAKDOWN:	
Lecture/Discussion:	3
Laboratory:	
Other _____:	
FACULTY WORKLOAD POINTS:	3
STANDARDIZED CLASS SIZE ALLOCATION:	20
CATALOG COURSE DESCRIPTION:	Students will acquire knowledge and skills in applying the principles of dietary modifications for specific physiological disorders. The course is closely related to the practices of local hospitals and extended care facilities.
SUGGESTED TEXT(S):	<u>Pocket Resource for Nutrition Assessment</u> , CD-HCF, latest edition.
SUPPLEMENTAL:	Holli, B. & Calabrese, R.: <u>Communication and Education Skills the Dietitian's Guide</u> , Philadelphia: Lea & Febiger, 2nd ed., 1991.
IMPLEMENTATION DATE:	Fall Term, 1983 (841)
REVIEW OR MODIFICATION DATE:	Fall Term, 1996 (971) Fall Term, 2002 (20031) Fall Term, 2008 (20091) - Outline Review 2007

COURSE TOPICS	<u>CONTACT HOURS PER TOPIC</u>
I. Diet in Disease	9
A. Types of Diets	(2)
B. Diet Manuals	(1)
C. Diet Prescriptions	(2)
D. Roles of Dietetic Team Members	(2)
E. Successful Staff Relations	(2)
II. Nutritional Assessment and Counseling	6
A. Counseling and Assessment Goals	(1)
B. Interviewing Techniques	(1)
C. Diet History	(1)
D. Food Buying Guides	(1)
E. Nutrition Instruction	(2)
III. Nutritional Care of Gastrointestinal Diseases and Disorders	5
A. Causes	(1)
B. Treatment and Documentation	(2)
C. Meal Plans and Menus	(2)
IV. Nutritional Care of Obese and Overweight Clients	5
A. Definition and Diagnosis	(1)
B. Causes and Implications	(1)
C. Dietary Treatment and Documentation	(1)
D. Meal Plans and Menus	(2)
V. Nutritional Care of Diabetes	5
A. Symptoms and Pre-Disposing Factors	(1)
B. Blood Glucose Sources and Control	(1)
C. Dietary Treatment and Documentation	(1)
D. Meal Plans and Menus	(2)
VI. Nutritional Care of Cardiovascular Diseases	5
A. Symptoms and Risk Factors	(1)
B. Fat Metabolism	(1)
C. Dietary Treatment and Documentation	(1)
D. Meal Plans and Menus	(2)

COURSE TOPICS (CONTINUED)

CONTACT HOURS
PER TOPIC

VII. Nutritional Care of Renal Diseases

5

- A. Anatomy and Functions of Kidneys (1)
- B. Dietary Treatment and Documentation (2)
- C. Meal Plans and Menus (2)

VIII. Nutritional Care for Surgery, Burn and HIV Positive Patients

5

- A. Nutritional Needs (1)
- B. Dietary Treatment and Documentation (2)
- C. Meal Plans and Menus (2)

STUDENT COMPETENCIES:

After instruction, the student will be able to:

1. Perform nutritional assessment, counseling and documentation.
2. Assist in development and implementation of dietary treatment plans for clients with a variety of diseases and disorders.
3. Write meal plans and menus for the treatment of specific diseases and disorders.

PROGRAM TITLE: Dietetic Technician
COURSE TITLE: Clinical Nutrition Phase II
CIP NUMBER: 0420.040401

LIST PERFORMANCE STANDARD ADDRESSED:

NUMBER(S): TITLES(S):

01.0 CORE CURRICULUM COMPETENCIES (FOR EITHER OPTION) -- The student will be able to:

- 01.01 Develop menus to meet optimum nutritional requirements throughout the human life cycle.
- 01.09 Demonstrate knowledge and implementation of laws, nutrition operation.
- 01.10 Comply with the standards of Professional Responsibility and Standards of Practice for the profession of Dietetics.

02.0 FOOD SERVICE MANAGEMENT OPTION -- The student will be able to:

- 02.06 Apply the principles of nutrition in planning menus and coordinating menus with therapeutic diets.

03.0 NUTRITION CARE OPTIONS -- The student will be able to:

- 03.01 Demonstrate a knowledge of food and nutritional needs throughout the life cycle in health and disease.
- 03.02 Apply principles of bio-chemistry, anatomy and physiology in relation to health and disease.
- 03.03 Identify resources availability, and functions of the food and nutrition programs in the community.
- 03.04 Demonstrate knowledge of "problem oriented medical records" (P.O.M.R.).
- 03.05 Assist clinical or consultant dietitian in development of nutritional care plans.
- 03.06 Assist in implementation, documentation and monitoring of nutritional care plans.
- 03.07 Demonstrate skills in articulation, methods of teaching, and counseling.
- 03.08 Assist in nutrition education planning and implementation of programs in the facility.
- 03.09 Identify extraneous influences upon nutritional care.
- 03.10 Participate in health team functions.
- 03.11 Coordinate clinical activities with administrative activities.
- 03.12 Demonstrate ability to computerize nutrition care activities.
- 03.13 Assist in implementation and maintenance of a cost-effective nutrition-care system.

