

## FLORIDA STATE COLLEGE AT JACKSONVILLE

## COLLEGE CREDIT COURSE OUTLINE

COURSE NUMBER:	DAA 1301
COURSE TITLE:	Ballroom Dancing II
PREREQUISITE(S):	None
COREQUISITE(S):	None
STUDENT ADVISING NOTES:	Suggested Course: DAA 1300
CREDIT HOURS:	2
CONTACT HOURS/WEEK:	2
CONTACT HOUR BREAKDOWN:	
Lecture/Discussion:	1
Laboratory:	
Other <u>Activity</u> :	1
FACULTY WORKLOAD POINTS:	1.5
STANDARDIZED CLASS SIZE ALLOCATION:	20

## CATALOG COURSE DESCRIPTION:

This course is continuation of Ballroom Dancing I. It will review and perfect the six dances already known as well as introducing Mambo and Hustle. In addition, this course will introduce the interrelated comfortable social dancing and a more advanced technique.

SUGGESTED TEXT(S):	No text required. Appropriate dance wear is required.
IMPLEMENTATION DATE:	Fall Term, 1998
REVIEW OR MODIFICATION DATE:	Fall Term, 2002 (20031)

COURSE TOPICS	CONTACT HOURS <u>PER TOPIC</u>
I. Introduction	2
A. Overview of Course and Requirements B. Class Dress Code/Dance Etiquette C. History of Ballroom Dance and Cultural and Ethnic Influences	
II. Basics and Techniques	10
A. Rhythm and Timing B. Balance and Posture C. Animation and Self-Confidence D. Five Foot Positions E. Leading and Following: Hands, Shoulders, Body, Arms and Hands "Open"	
III. Mambo and Hustle	15
A. Introduction to Basic Footwork B. Latin Rhythm and Timing C. 1/4 Beat and 1/2 Beat	
IV. Performance Evaluation	3

STUDENT COMPETENCIES AND OUTCOMES:

1. Students will develop and refine skills in techniques of ballroom dance.
2. Students will learn proper alignment, placement, stability, flexibility, rhythm, musicality, and use of energy necessary for ballroom/Latin and other popular dance movement.
3. Students will gain poise and confidence in self and body.
4. Students will increase knowledge and appreciation of dance as an art form.
5. Students will attain greater knowledge of historical and cultural significance of ballroom.
6. Students will expand performance skills.
7. Students will be more comfortable in social situations that encourage dancing and improve communication skills.
8. Students will explore the creative process.
9. Students will relax and have fun. Ballroom is not tedious nor overtaxing.
10. Novice dancers will become interested in other dance forms outside of ballroom.