

FLORIDA STATE COLLEGE AT JACKSONVILLE

COLLEGE CREDIT COURSE OUTLINE

COURSE NUMBER: DAA 1200

COURSE TITLE: Ballet Technique I

PREREQUISITE(S): None

COREQUISITE(S): None

CREDIT HOURS: 3

CONTACT HOURS/WEEK: 3

CONTACT HOUR BREAKDOWN:

 Lecture/Discussion: 3

 Laboratory:

 Other _____:

FACULTY WORKLOAD POINTS: 3

STANDARDIZED CLASS SIZE
ALLOCATION: 20

CATALOG COURSE DESCRIPTION:

This beginning level ballet class is specifically designed for students with little or no previous ballet training. Primary focus is placed on the basic fundamentals of ballet technique, correct placement of the body, and comprehension of the vocabulary of ballet technical terms.

SUGGESTED TEXT(S): To be announced (Appropriate dance wear is required)

IMPLEMENTATION DATE: Winter Term, 1997 (972)

REVIEW OR MODIFICATION DATE: Winter Term, 1998 (982)
Fall Term, 2002 (20031)

COURSE TOPICS	CONTACT HOURS <u>PER TOPIC</u>
I. Orientation	5
<ul style="list-style-type: none"> A. Syllabus and Course Requirements B. Class Dress Code/Dance Etiquette 	
II. Exercises for Refining Technical Skills	15
<ul style="list-style-type: none"> A. Basic Ballet Barre B. Ballet Center Floor C. Ballet Terminology D. Introduction of Anatomy as it Relates to Placement 	
III. Performance Projects, Video Viewing, Critique, and Discussion	25
<ul style="list-style-type: none"> A. Students will Finalize Term with Movement Practicum Which Culminates in an Informal Concert B. Students are Required to View Dance and Theater Performances and Write Critical Evaluation. 	

STUDENT COMPETENCIES AND OUTCOMES:

1. Students will have understanding of ballet as an art form.
2. Students will begin to grasp ballet technique and develop skills in moving economically and non-injuriously.
3. Students will attain greater knowledge of historical and cultural significance of ballet.
4. Students will begin to explore the possibilities of creating artistic statements through physical gestures and classical movement.
5. Students will develop awareness of natural alignment and movement potential.
6. Students will develop greater confidence and a positive self-esteem.